

**FREE** 

for **Parents** and Carers

These webinars can be accessed on computers laptops, tablets, phones and smart tvs

Monday 12th December 2022

9.30am-11.00am

Including a Recording **Watch Live or Later!** 

**WEBINAR** 

## **Autism and Anxiety**

## Including

What anxiety is • Autism and anxiety • Managing anxiety

This webinar is open to any parent or carer in Herefordshire and Worcestershire who have a child with an ASD diagnosis or who have been accepted on the assessment pathway.

To book please visit our events page:

https://autismwestmidlands.org.uk/events/

You will be sent a link to join the sessions once booked.

For more information please contact Amanda:

**Email:** amandap@autismwestmidlands.org.uk

Phone: 07881 109 496

